Nurse Family Partnership Program in Vermont	10B

Nurse Family Partnership is an evidence-based model of partnering nurses and first-time moms with more than 30 years of research from randomized, controlled trials. Consistent results across trials include:

- Improvements in women's prenatal health
- Reduction in children's injuries
- Fewer subsequent pregnancies
- Greater intervals between births
- Increases in employment
- Reductions in welfare and food stamps
- Improvements in school readiness

Moms and their babies are not the only ones who benefit from the program as communities and society grows stronger from the programs commitment to achieving the following goals:

I. Improve pregnancy outcomes by helping women engage in good preventive health practices, including getting prenatal care from their healthcare providers, improving their diet, and reducing their use of cigarettes, alcohol, and illegal substances
II. Improve child health and development by helping parents provide responsible and competent care
III. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education, and find work

The Nurse-Family Partnership Program provides training and support services to the Nurse family partnership designated agency Nurse Family Partnership Staff to ensure that the model is precisely replicated in communities, leading to improved outcomes for

both mothers and children. Sites adhere to key elements of the Nurse-Family Partnership model, which include:

I. Enrolling first-time, low-income moms early in their pregnancies less than 28 weeks
II. Specially trained public health nurses delivering home visits over two-and-a-half years
III. Establishing support for the program within an implementing organization